



STUDENT WORKSHOPS

HELP YOUNG PEOPLE FEEL INFORMED, EMPOWERED, AND AFFIRMED

HiTOPS offers student workshops related to
Affirming All Identities and Health and Sex Education.
See the menu of lessons below!

SOGIE Workshops: Affirming All Identities

- Introduction to Sexual Orientation, Gender Identity and Expression (SOGIE)*
- Gender Roles and Stereotypes Through the Lifespan
- LGBTQ+ History
- Intersectionality, Privilege, and Microaggressions
- SOGIE Review, Self-Care, and Introduction to Allyship
- Being An Ally
- Legislation and Advocacy

**All of our identity and sex education workshops are inclusive of diverse gender identities and sexual orientations. When we engage with a new group of students, we strongly recommend beginning with the Introduction to SOGIE workshop, as it lays the foundation for all subsequent workshops.*

Health and Sex Education Workshops

- Puberty: Our Changing Bodies
- Anatomy and Reproduction
- Boundaries and Consent
- Healthy Relationships
- LGBTQ+ Family Building
- Safer Sex and STI/Pregnancy Prevention
- Sexual Assault Awareness and Prevention
- Digital Literacy Skills for Health

We are here to meet your needs!

- All workshops can be differentiated for students in **grades 5 through 12.**
- We have lessons available for **early childhood and elementary** aged students on the topics of **Consent, Family Diversity, Gender Roles, LGBTQ+ History, and Being an Ally.**
- We work with stakeholders to construct a **learning arc** specific to students' needs.
- We are happy to discuss the development of **new and additional workshops** to meet students' needs.



Empowering. Affirming. Community-Building.
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