

HiTOPS

AFFIRMING OUR YOUTH

BUILDING A FOUNDATION

COLLABORATING DISTRICTWIDE

ABCs is the signature HiTOPS sexual health education program. Using a systemic approach, we offer comprehensive sex education classes for grades 2-12 and trainings for educators, administrators, and parents and guardians.

ABCs is

- **Systemic** by working with will **ALL** stakeholders - administrators, faculty/staff, parents/guardians, and students
- **Data-rich** - by collecting pre- and post-intervention data to inform goals and instruction
- **Inclusive** of all identities.
- **Grounded** in best practices in sex education
- **Developmentally appropriate** - by designing evidence-based curriculum
- **Responsive** to school's ongoing needs

Educational Content for Students, Staff, and Families

- Introduction to SOGIE (Sexual Orientation, Gender Identity, Gender Expression)
- Anatomy & Reproduction
- LGBTQ+ History
- Intersectionality
- Being an Ally
- Boundaries & Consent
- Healthy Relationships
- Sexual Assault Awareness & Prevention
- Safer Sex: STI & Pregnancy Prevention
- ...and more!

Sample Year 1 Timeline

Summer

Administrator's Planning Meeting

Fall

Data Collection

Parent Information Session

Professional Development & Student Workshops

Winter

Professional Development & Student Workshops

Spring

Parent Town Hall

Professional Development & Student Workshops

Data collection & analysis

Administrator's Planning Meeting



Empowering. Affirming. Community-Building.
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