



Have It Your Way

Create Your Own HiTops Series

Designed For: **Parents and Guardians**

Are there issues that you and other parents are concerned about? Perhaps your children are new to middle school and a whole new world of friendships, social media, secrecy, and romance has surfaced. Maybe you are concerned that your child is being bullied, or has an eating disorder or is using substances, or is involved with some other kind of risk-taking behavior and you need some help. Maybe you just want to learn to communicate with the strange new person that lives in your house.

Gather six to twelve parents and have HiTops come to your home* to provide programs that meet your needs. Look at the menu of topics we offer for parents, select 3-5 programs, and we will create a series that is just right for you.

* - You may also schedule the programs to meet at the HiTops facility at 21 Wiggins Street in Princeton.

Average Length of Program: **90 minutes, 120 minutes**
Recommended Number of Participants: **6-12**