

Using Theater to Teach Sex Ed HiTOPS Educator

Designed for: Professionals

*“This is the most important subject for kids – how can I engage them?”
“I want to empower my students. Please give me some new ideas.”*

Are you tired of the same old lessons; feeling like you need a shot in the arm? Wake up your classroom and add some sparks to your repertoire by using drama to teach health. Not only will you get students' attention and make learning fun, there is a growing body of research to suggest that theater can be a strong tool for change in knowledge, attitudes and behavior. Using drama can also decrease the self-consciousness surrounding the discussion of sensitive topics.

This in-service will offer a variety of theater techniques to be used in the classroom including alter-egos, the freeze, “around the dinner table” improvisation, and monologues. Participants will also learn about a state-wide “teens teaching teens” peer education model, see a tape of peer educators in action and will receive samples of classroom activities.

Our goals are to help professionals:

- Learn various forms of interactive theater techniques appropriate for middle school and high school
- Understand the benefits and pitfalls of using theater techniques in teaching sensitive topics
- Process issues raised in interactive theater techniques

Average length of in-service: 90 minutes; half-day; whole-day

Recommended number of participants: 20-100